



Community warden for the Small Villages, working for Age UK
Cambridgeshire and Peterborough,

Hello, I would like to introduce myself and explain what my job role is.

My name is Lucy Cameron, and I am the community warden for Age UK
Cambridgeshire and Peterborough.

The villages I support are Balsham,
Horseheath, West Wratting, Shudy
Camps, Castle Camps. Western Colville
and West Wickham.

You may see me dashing from village to
village supporting my service users
each day, Monday to Friday. My working
hours are 9.00am till 1.00pm and the
support available is flexible to meet the
needs of each person.



I start the day by making a phone call to all the people using my service.
This lets me know they are all ok and allows me to plan what is needed
for the day – no 2 days are ever the same.

I then start my visits: this could include picking up a small amount of
shopping needed by a service user or collecting a prescription to deliver to
someone.

I can support people with lots of other tasks. It might be making a
doctor's appointment or booking hospital transport. There might be a
letter they need supporting with, or a telephone call that needs making.

Sometimes it's just nice to spend time with an older person and listen to
the wonderful tales of years gone by. This can reduce feelings of isolation
and loneliness.

We are currently able to offer 4 weeks free trial of the warden service, so
if you are interested or know an older person that might like to join the
service please do call me on **07436 102865** or email me
lucy.cameron@ageukcap.org.uk.

I look forward to hearing from you.